



UiO • Det odontologiske fakultet

Presentation
EADPH Göteborg
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Tannhelsetjenestens
kompetansesenter
Øst

Competence centers in Norway:

Dental anxiety

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Rapport

15-1855

Tilrettelagte tannhelsetilbud for mennesker som er blitt utsatt for tortur, overgrep eller har odontofobi
Vurdering av omfang og behov samt forslag til tannhelsetiltak

Translated:
Facilitating dental treatment to people subject to torture, abuse and those who suffer from odontophobia.

Abbreviation: TOO

Torture

Sexual abuse (in Norwegian **O**vergrep)

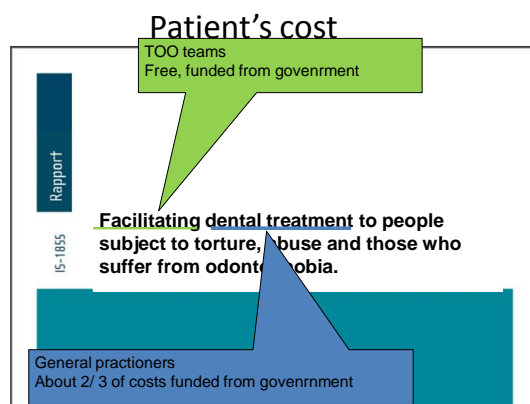
Odontophobia

TOO team:

Team of psychologist, dentist, dental assistant (+ dental hygienist)

Conclusions in report

- All Norwegian victims of TOO shall have access to evidence based treatment programs
- Multicenter TOO treatment programs should be established
- There is need for competence about TOO in dental, psychological and medical personal



Established

TOO teams in 5 regional competence centers in Norway

**Under establishment**

Too teams in 5 regional competence centers in Norway

+
District TOO teams inn all 19 Norwegian counties

**Mandate of the working group****Kick-off meeting Oslo June 2011**

A working group with representatives from

- TOO teams from competence centers
- The 3 Norwegian dental schools
- The Norwegian Centre for Violence and Traumatic Stress Studies

- Competence building
- Work out treatment manuals
- Work out national multicenter research project

Competence building within regional TOO teams

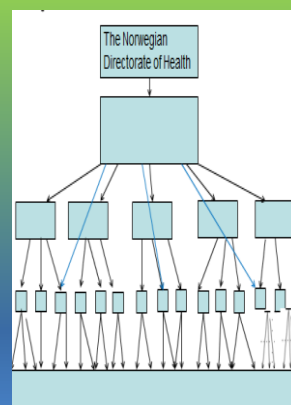
2012 /2013

5 seminars of 3 days

1. Basic knowledge of TOO patients
2. Treatment principles
3. Treatment principles
4. Sexual abuse
5. Torture and men as victims of sexual abuse

PLAN FOR COMPETENCE BUILDING:

- *Government*
- *National expert group*
- *Regional TOO teams*
- *District TOO teams*
- *All medical professionals*



Treatment manuals

Manual phases

- First contact
- Diagnostic interview
- 8-10 treatment sessions
- Referral
- Follow up

First contact

- Within 2 weeks after referral the dental assistant call the patient
- Information is given and a standard interview is conducted

Diagnostic interview

- The dental assistant meets the patient
- Psychologist (alone or with dentist) conduct diagnostic interview
- One of 4 treatment alternatives is chosen



Alternative treatments

1. The patient is referred to a general practitioner
2. Exposure treatment by dentist
3. Psychological preparation – then exposure treatment
4. General anesthesia (GA)- then exposure treatment

Exposure treatment

- according to CBT manuals
- Referral
- Follow up

Preliminary data from 5 regional competence centres

- 188 patients



• 66 % women

	Frequency	Percent
dental fear	124	66,0
sexual abuse	60	31,9
torture	4	2,1
Total	188	100,0

AGE

Mean 36

	T Torture N= 4	O Sexual Abuse N = 60	O Odonto Phobia N= 124	
Mean		40	35	$p < 0.05$
Range	(15-63)	(19-67)	(9-62)	

Gender

	T Torture N= 4	O Sexual Abuse N = 60	O Odonto Phobia N= 124
Men	100 %	15 %	42 %
Women		85 %	58 %

About 20% dropped out

About 45% ready for general practitioners

About 35% improved but still in need of special care

Theodor Kittelsen
Nøkken 1904

